

UNICORN BODYCARE

We aim to stock more ethically sourced, low-packaging and non-mainstream alternatives. Here is some information on products we think are especially great. Please also see packaging and supplier websites for information, this guide is not exhaustive. We are also happy to hear any feedback on the info below at office@unicorn-grocery.coop. Thank you!

Note: New products and other changes are always in the pipeline. Last updated: May 2019.

HAIR

All these options are palm-free.

* = Applies to some, not necessarily all, ingredients.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Friendly	Shampoo Bar (Various)	Recyclable, minimal	Ethical sourcing*, long-lasting	Works well, good lather. Some find moisturising, leaving a bit of a shine, like a 2-in-1. However, some find it still strips natural hair oils like conventional liquid shampoo. Very popular among staff.
Heavenly Organics	Shampoo Powder	Recyclable, minimal	Organic*	Cleans without stripping natural oils. Mix a spoonful into paste in palm, scrub into hair/scalp (scrub quite a bit for a lather), set a few minutes and rinse. (Don't forget the spoon!) Good with vinegar rinse.
Apple Cider Vinegar (Various)	Conditioner	Recyclable	Organic*	Just apply and rinse through. Works well for some hair, often diluted, e.g. 1 part vinegar: 3 parts water. Might want to decant into another bottle for ease.

DEODORANT

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Fit Pit	Paste (Various)	Returnable (10-30p), minimal	Organic*	Well reviewed as very effective. Soft and easy to apply, just scoop a little out and spread it on.
Heavenly Organics	Powder (Various)	Returnable (50p)	Organic*, long-lasting	Some staff report this works well. Just take a pinch and dab it on.
Salt of the Earth	Rock	Recyclable	Palm-free, long-lasting	For people who find this works, they love it as it's gently effective and lasts for ages.
Salt of the Earth	Spray (Various)	Refillable	Palm-free	Many rate this. If the nozzle clogs (we've told the supplier), slightly enlarging its hole with a paperclip might help.

MOUTH

All these options are palm-free.

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Truthpaste	Toothpaste (Various)	Returnable (50p)	Organic*	Good taste, easy to use, gentle and effective. Note it does not actually make you tell the truth.
Georganics	Toothpaste (Various)	Recyclable	Ethical sourcing*	Scoop pea-sized amount onto toothbrush (avoid getting water in the jar). Leave on teeth after brushing for extra remineralisation.
Food Alive	Tooth Powder	Recyclable, minimal	Organic*	Designed for gentle cleansing, remineralisation, whitening and to enable saliva's natural ability to nourish teeth. Fresh taste.
Georganics	Tooth Powder	Recyclable	Ethical sourcing*	Decant a bit to avoid water in the jar, and dip a clean toothbrush into the powder. Brush and rinse well. Gentle cleansing and brightening.
Georganics	Mouthwash Tablets	Recyclable, minimal	Ethical sourcing*	Just add water. Gentle and effective, nice taste.

SHAVING

Ethical sourcing* = Applies to some, not necessarily all, ingredients.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Friendly	Soap	Recyclable, minimal	Palm-free, ethical sourcing*, long-lasting	Works well and goes on forever. Use a bowl and brush for a proper lather. Slightly moisturising as castor-oil based.
(Various)	Coconut Oil	Recyclable, minimal	Palm-free, organic, ethical sourcing*	Can be more moisturising, and just as effective as shaving soap or foam. Some say this works as well as bespoke shaving oil, and the solidity makes it easier to apply than liquid oil. Find in the Oils and Seasonings section.
Kitchen Garden	Oil	Recyclable, minimal	Palm-free, ethical sourcing*	Moisturising, low packaging option. Seems unlikely until you try it, but works as well as foam many people - just without lather. Staff also recommend Yaoh Conditioner for shaving.
Handmade	Soap	None	RSPO Palm, long-lasting	Works well, makes some lather especially if you use a brush.

FACE MOISTURISING

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Little Green Cream	Cream	Returnable (50p)	Organic*	Popular moisturiser for day and night, good for normal or dry skin. Handmade, small batches.
HerbFarmacy	Cream – Replenish	Recyclable	Organic*	A steady favourite among staff, moisturising without feeling heavy. May suit some better as a night cream, others use it in the day as well.
HerbFarmacy	Cream - Calming	Recyclable	Organic*	Well reviewed by staff, a lighter, soothing moisturiser good for sensitive skin.
Heavenly Organics	Eye & Face Cream	Returnable (50p)	Organic*, long-lasting	Oil-based with no water, a little goes a long way. Use more like a face oil.
Lyonsleaf	Face Oil	Recyclable	Organic*	Light, moisturising, easily absorbed. Use a small amount in place of face cream.
Little Green Cream	Face Oil	Returnable (50p)	Organic*	A small amount may be used in place of face cream. Available £1 cheaper without pipette, so save your pipette when you return the jar.

FACE WASH

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Lyonsleaf	Beauty Balm	Recyclable	Organic*, long-lasting	Very popular with staff, gentle and richly moisturising. Works very well as cleanser or make-up remover with a small cloth or muslin, or use a tiny bit as moisturiser. Oil-based with no water.
Friendly	Face Soap	Recyclable, low	Ethical sourcing*, long-lasting	Well reviewed for sensitive skin on face, hands and body.
Little Green Cream	Cleanser	Returnable (50p)	Organic*	A popular, soothing and effective cleanser, good reviews from staff.
Little Green Cream	Exfoliate Cleanser	Returnable (50p)	Organic*	Gently exfoliating, cleansing and moisturising.
Heavenly Organics	Face Scrub (Various)	Returnable (50p)	Organic*, long-lasting	Exfoliating and moisturising. No water so a little goes a long way.

BODY MOISTURISER

These options are all palm-free and contain no water, making them more economical and long-lasting. Water is a major ingredient in most creams, increasing cost, packaging, size and added ingredients like preservatives.

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Heavenly Organics	Cream (Various)	Returnable (50p back)	Organic*	Absorbs quickly. Oil-based with no water so a little goes a long way.
Heavenly Organics	Hand Balm (Various)	Recyclable, minimal	Organic*	Rub between hands like soap. Softly nourishing, smells great. Looks small because no water added, but it lasts for ages.
(Various)	Coconut Oil	Recyclable	Organic*, ethical sourcing*	A simple, economical alternative to body cream, suitable for many skin types. Find in the Oils and Seasonings section.

BODY WASH

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Brand	Details	Packaging	Ingredients	How to Use / Other notes
Handmade	Bath Bomb (Various)	None	Palm-free	Add colour and scent to your bath. Very popular.
Sindyanna	Olive Soap (Various)	Minimal	Palm-free, ethical sourcing*	Lovely, gentle, moisturising olive-based soaps produced using traditional techniques in the West Bank. Woman-led company.
Friendly	Bath Bar (Various)	Recyclable, minimal	Palm-free, ethical sourcing*	Popular body soaps with different smells and properties. Exfoliating options.
Oliva	Olive Soap	Recyclable, minimal	Palm-free	Unscented and gentle.
Sonnet	Curd Soap	Recyclable, minimal	Organic palm and coconut	A gentle body soap, well-reviewed for sensitive skin/areas. Also for household use.
Handmade	Singles & Misshapes (Various)	None / minimal	RSPO Palm	Palm-free option: Unscented singles. Effective and popular. Some exfoliating options. Some people with sensitive skin do not get on well with some of these soaps.
Faith	Soap (Various)	None	RSPO Palm	Effective and popular.