

## CHILLED & FROZEN

Updated 10/09/2019

Please use the list below as a guideline, but we cannot guarantee price or availability.

Department (Multiple Items)

Row Labels	Org?	Average of Price
<b>Baked Goods-Chilled</b>		
Clives GF Pie Aloo	Organic	£2.59
Clives GF Pie Chil	Organic	£2.59
Clives GF Pie Mint	Organic	£2.59
Clives GF Pie Mush	Organic	£2.59
Clives Pie Chickpe	Organic	£2.45
Clives Pie Goulash	Organic	£2.45
Clives Pie Mushroom	Organic	£2.45
Clives Pie Saag Al	Organic	£2.45
Clives Soysage Rol	Organic	£1.29
Clives Tart Crushe	Organic	£3.25
Clives Tart Lentil	Organic	£3.25
Clives Tart Tomato	Organic	£3.25
Cool Chile Blue Co		£2.65
Cool Chile Corn To		£2.59
Don Marco Pizza Ba		£3.99
Lauras Apple Panca		£3.09
Lauras Calzone 250		£3.25
Lauras Cheesecake		£3.35
St James Filo Past	Organic	£1.38
<b>Baked Goods-Frozen</b>		
Clives Pastry Whol	Organic	£2.19
<b>Beverages VAT-Chilled</b>		
Cawston Apple Beet		£2.20
Cawston Apple Clou		£2.05
Cawston Apple Elde		£2.05
Cawston Apple Ging		£2.05
Cawston Apple Juic		£0.79
Cawston Apple Rhub		£2.05
Cawston Ginger Bee		£0.79
Cowherd Juice 500m	Organic	£4.99
Kombucha Bottle Re		£0.10
Profusion Kefir Fi	Organic	£1.98
Sodada Kombucha El		£2.89
Sodada Kombucha Gi		£2.89
Sodada Kombucha Rh		£2.89
Whole Earth Cola 3	Organic	£1.09
Whole Earth Elderf	Organic	£1.09
Whole Earth Ginger	Organic	£1.09
Whole Earth Lemona	Organic	£1.09
<b>Chilled VAT</b>		
Chilled VAT Misc O		£0.00

**Confectionary Non VAT-Chilled**

<b>Fridge Cake Carbob</b>	Organic	£1.05
<b>Fridge Cake Carob</b>	Organic	£1.05
<b>Fridge Cakes &amp; Fru</b>		£1.05
<b>Fruit Nut Slice Ap</b>	Organic	£1.05
<b>Fruit Nut Slice Or</b>	Organic	£1.05
<b>Lauras Strawberrie</b>		£3.35
<b>Lauras Tofu Passio</b>		£3.35
<b>Raw Bake Slice</b>		£1.65
<b>Raw Choc Pie Chill</b>		£2.15
<b>Raw Choc Pie Chris</b>		£3.45
<b>Raw Choc Pie Coffe</b>		£2.15
<b>Raw Choc Pie Date</b>		£2.15
<b>Raw Choc Pie Festi</b>		£2.15
<b>Raw Choc Pie Fudge</b>		£2.25
<b>Raw Choc Pie Green</b>		£2.15
<b>Raw Choc Pie Naked</b>		£2.15
<b>Raw Choc Pie Nut P</b>		£2.15
<b>Raw Choc Pie Orang</b>		£2.15
<b>Raw Choc Pie Peppe</b>		£2.15
<b>Raw Choc Pie Pumpk</b>		£2.15
<b>Raw Choc Pie Truff</b>		£1.35
<b>Raw Choc Pie with</b>		£2.15
<b>Raw Choc Pies</b>		£2.15

**Confectionery VAT-Chilled**

<b>Booja Truffles Dar</b>	Organic	£4.69
<b>Booja Truffles Ras</b>	Organic	£4.69
<b>Booja Truffles x6</b>	Organic	£4.69
<b>Raw Choc Pie Easte</b>		£2.75

**Confectionery VAT-Frozen**

<b>Booja Ice Cream Ca</b>	Organic	£3.64
<b>Booja Ice Cream Ch</b>	Organic	£4.26
<b>Booja Ice Cream Ra</b>	Organic	£5.49
<b>Booja Ice Cream Sa</b>	Organic	£5.49
<b>Booja Ice Cream Va</b>	Organic	£5.49
<b>Frenzy Lolly Apple</b>	Organic	£1.19
<b>Frenzy Lolly Orang</b>	Organic	£1.19
<b>Pip Lolly 105ml</b>	Organic	£1.08
<b>Pip Lolly Apple 10</b>	Organic	£1.08
<b>Pip Lolly Tropical</b>	Organic	£1.08

**Fruit-Frozen**

<b>Frill Ice Cream Bu</b>		£4.39
<b>Frill Ice Cream Ch</b>		£4.39
<b>Naturall Cool Froz</b>	Organic	£3.19
<b>Naturally Cool Fro</b>	Organic	£3.09
<b>Windmill Hill Froz</b>	Organic	£2.59

**Milk Cheese Yoghurt-Chilled**

<b>CoYo Mixed Berry 1</b>		£1.75
<b>CoYo Morello Cherr</b>		£1.79
<b>CoYo Natural 125g</b>		£1.79
<b>CoYo Natural 250g</b>		£3.19
<b>CoYo Vanilla 250g</b>		£3.09
<b>Mouses Favourite C</b>		£7.24
<b>Nush Almond Bluebe</b>		£1.49
<b>Nush Almond Chive</b>		£2.80
<b>Nush Almond Peach</b>		£1.49
<b>Nush Almond Strawb</b>		£1.89
<b>Nush Cashew Natura</b>	Organic	£1.89
<b>Nush Cashew Strawb</b>		£1.89
<b>Nush Cashew Vanill</b>		£1.89
<b>Nutcrafter The Anc</b>		£7.99
<b>Nutcrafter The Dec</b>		£6.99
<b>Nutcrafter The Ind</b>		£6.99
<b>Nutcrafter The Piq</b>		£6.99
<b>Nutcrafter The Vol</b>		£8.50
<b>Nutcrafter Vhallou</b>		£5.29
<b>Pasta Factory Almo</b>		£7.50
<b>Provamel Live Yogh</b>	Organic	£1.89
<b>Risella Cream Chee</b>	Organic	£3.99
<b>Risella Mozzarella</b>	Organic	£3.99
<b>Risella Smoked Moz</b>	Organic	£3.99
<b>Risella Spreadable</b>	Organic	£3.99
<b>Sheese Blue Style</b>		£2.59
<b>Sheese Cheddar Sli</b>		£2.15
<b>Sheese Greek Style</b>		£2.09
<b>Sheese Mature Ched</b>		£2.15
<b>Sheese Mild 227g</b>		£2.19
<b>Sheese Mild Chedda</b>		£2.49
<b>Sheese Mozzarella</b>		£2.35
<b>Sheese Red 227g</b>		£2.49
<b>Sheese Red Leicest</b>		£2.09
<b>Sheese Smoked Melt</b>		£2.59
<b>Sojade Greek-style</b>		£1.95
<b>Sojade Live Yoghur</b>		£1.09
<b>Vegusto Aromatic 2</b>		£5.99
<b>Vegusto Herb 200g</b>		£5.99
<b>Vegusto Melty x2</b>		£9.69
<b>Vegusto Piquant 20</b>		£5.99
<b>Vegusto Soft Mild</b>		£5.99
<b>Walnut Gatherer Ch</b>		£6.49

**Oils & Fat-Chilled**

<b>Biona Margarine 25</b>	Organic	£2.29
<b>Biona Margarine 50</b>	Organic	£3.49
<b>Biona Olive Spread</b>	Organic	£2.79

<b>Cocovit Margarine</b>	Organic	£2.25
<b>Our Paulas Butter</b>		£2.95
<b>Pure Margarine 500</b>		£1.59
<b>Suma Olive Spread</b>		£1.79
<b>Suma Organic Sunfl</b>	Organic	£2.69
<b>Suma Soya Spread 5</b>		£1.49
<b>Suma Sunflower Mar</b>		£3.69

#### **Sauces Dips Spreads-Chilled**

<b>Biona Horseradish</b>	Organic	£2.59
<b>Cuzena Caramelised</b>		£2.39
<b>Cuzena Classic Mad</b>		£2.39
<b>Cuzena Fiery Chill</b>		£2.39
<b>Don Marco Pizza Sa</b>		£1.99
<b>Hobbit Aubergine D</b>	Organic	£2.09
<b>Hobbit Gr Pesto Sp</b>	Organic	£2.09
<b>Hobbit Hummus Oliv</b>	Organic	£2.09
<b>Hobbit Lupin Mushr</b>	Organic	£2.09
<b>Hobbit Mexicano Sp</b>	Organic	£2.09
<b>Hobbit Muhammara 1</b>	Organic	£2.09
<b>Hobbit Tofu Salsa</b>	Organic	£1.99
<b>Hobbit Tzatziki Sp</b>	Organic	£2.09
<b>Hodmedod Umami Fav</b>		£1.89
<b>Precious Pea Houmo</b>	Organic	£2.49
<b>Precious Pea Kalam</b>	Organic	£2.49
<b>Precious Pea Rose</b>	Organic	£2.49
<b>Precious Smoked Ho</b>	Organic	£2.49
<b>San Amvrosia Artic</b>		£3.59
<b>San Amvrosia Houmo</b>		£2.21
<b>San Amvrosia Organ</b>	Organic	£2.74
<b>San Amvrosia Tahin</b>		£1.45

#### **Tofu & Burgers-Chilled**

<b>Biona Ballini Prov</b>	Organic	£3.49
<b>Biona Energy Burge</b>	Organic	£3.49
<b>Biona Gnocchi 400g</b>	Organic	£3.49
<b>Biona Lucky Stars</b>	Organic	£3.49
<b>Biona Ravioli 350g</b>	Organic	£4.19
<b>Biona Tagliatelle</b>	Organic	£2.79
<b>Chilled Misc Open</b>		£0.00
<b>Clearspot Marinate</b>	Organic	£1.65
<b>Clearspot Seacakes</b>	Organic	£1.45
<b>Clearspot Sesame T</b>	Organic	£1.45
<b>Clearspot Smokey T</b>	Organic	£1.89
<b>Clearspot Tofu 280</b>	Organic	£1.39
<b>Clearspot Tofu 450</b>	Organic	£2.09
<b>Clives Nut Roast</b>	Organic	£5.15
<b>Dragonfly Cabbage</b>	Organic	£1.99
<b>Dragonfly Devonshi</b>	Organic	£2.05
<b>Dragonfly Marinate</b>	Organic	£2.35

<b>Dragonfly Mexican</b>	Organic	£1.99
<b>Dragonfly Mushroom</b>	Organic	£1.99
<b>Dragonfly Nut Burg</b>	Organic	£1.99
<b>Dragonfly Soysage</b>	Organic	£1.99
<b>Dragonfly Tomato B</b>	Organic	£1.99
<b>Dragonfly Vegetabl</b>	Organic	£1.99
<b>Florentin Falafel</b>	Organic	£3.35
<b>Forest Foods Nut R</b>		£3.35
<b>Gosh Quinoa &amp; Carr</b>		£2.25
<b>Granovita Mushroom</b>		£1.95
<b>Great Food Morocca</b>		£2.39
<b>Hobbit Broccoli Sp</b>	Organic	£2.09
<b>Hobbit Chicory Dip</b>	Organic	£2.09
<b>Hobbit Falafel x4</b>	Organic	£2.55
<b>Hobbit Hemp Burger</b>	Organic	£2.59
<b>Hobbit Hemp Tempeh</b>	Organic	£2.55
<b>Hobbit Lupin Burge</b>	Organic	£2.59
<b>Hobbit Lupin Tempe</b>	Organic	£1.99
<b>Hobbit Minced Seit</b>	Organic	£2.75
<b>Hobbit Natto 150g</b>	Organic	£2.05
<b>Hobbit Seitan Slic</b>	Organic	£2.75
<b>Hobbit Smoked Lupe</b>	Organic	£2.65
<b>Hobbit Smoked Temp</b>	Organic	£2.65
<b>Hobbit Tempeh 200g</b>	Organic	£2.19
<b>Hobbit Tofu Mince</b>	Organic	£2.25
<b>Hobbit Tofu Sliver</b>	Organic	£2.30
<b>Kato Almond Tofu 2</b>	Organic	£1.89
<b>Kato Basil Tofu 20</b>	Organic	£1.89
<b>Kato Falafel 200g</b>	Organic	£2.19
<b>Kato Natural Tofu</b>	Organic	£1.54
<b>Kato Paprika Tofu</b>	Organic	£1.89
<b>Kato Peanut Tofu 2</b>	Organic	£1.89
<b>Kato Smoked Tofu 2</b>	Organic	£1.89
<b>Kato Wild Garlic T</b>	Organic	£1.89
<b>Lauras Apricot Bre</b>		£3.35
<b>MacSween Veg Haggi</b>		£3.19
<b>Oasis Burger Beetr</b>	Organic	£1.75
<b>Oasis Burger Chick</b>	Organic	£1.75
<b>Oasis Burger Mushr</b>	Organic	£1.75
<b>Oasis Burger Piri</b>	Organic	£1.75
<b>Oasis Burger Tomat</b>	Organic	£1.75
<b>Oasis Tempeh BBQ 1</b>	Organic	£2.05
<b>Oasis Tempeh Origi</b>	Organic	£1.99
<b>Oasis Tofu Marinat</b>	Organic	£2.15
<b>Oasis Tofu Smoked</b>	Organic	£1.99
<b>Our Paulas Mushroo</b>		£2.95
<b>Pastificio Tortell</b>	Organic	£3.99
<b>Pastificio Tortelli</b>	Organic	£3.99
<b>Pauls Abura Marina</b>	Organic	£2.15
<b>Pauls Bengal Burge</b>	Organic	£2.39

<b>Pauls Mexican Burg</b>	Organic	£2.39
<b>Pauls Tofu 220g</b>	Organic	£1.79
<b>Pauls Tofu Individ</b>	Organic	£0.00
<b>Pauls Tofu Nut Bur</b>	Organic	£2.39
<b>Raw Choc Pie Fudge</b>		£2.25
<b>Sheese Strong Ched</b>		£2.59
<b>Sojade Seitan Stea</b>		£3.25
<b>Taifun Almond Ses</b>	Organic	£3.19
<b>Taifun Basil Tofu</b>	Organic	£3.19
<b>Taifun BBQ Sausage</b>	Organic	£3.59
<b>Taifun Black Fores</b>	Organic	£3.19
<b>Taifun Curcuma Tof</b>	Organic	£3.19
<b>Taifun Fermented T</b>		£3.17
<b>Taifun Grill Sausa</b>	Organic	£3.59
<b>Taifun Herb Sausag</b>	Organic	£3.69
<b>Taifun Rosso Tofu</b>	Organic	£3.29
<b>Taifun Silken Tofu</b>	Organic	£2.99
<b>Taifun Tofu Filets</b>	Organic	£2.74
<b>Taifun Tofu Mini W</b>	Organic	£2.79
<b>Taifun Tofu Pizza</b>	Organic	£2.09
<b>Taifun Tofu Wiener</b>	Organic	£3.99
<b>Topas Chorizo Spac</b>	Organic	£1.15
<b>Topas Salami Slice</b>	Organic	£2.19
<b>Topas Smoked Slice</b>	Organic	£2.19
<b>Vegusto Golden 200</b>		£5.99
<b>Viana Hazelnut Tof</b>		£2.49
<b>Viana Smoked Tofu</b>		£2.79
<b>Tofu &amp; Burgers-Frozen</b>		
<b>Goodlife Bean Burg</b>		£2.49
<b>Goodlife Frozen Fa</b>		£2.09
<b>Goodlife Nut Burge</b>		£2.59
<b>Pauls Frozen Tempe</b>	Organic	£2.29
<b>Veg &amp; Salad-Chilled</b>		
<b>Delphi Dolmades St</b>		£1.95
<b>Great Food Veg Cak</b>		£1.75
<b>Lauras Beany Feast</b>		£4.35
<b>Lauras Lentil Spec</b>		£4.35
<b>Lauras Spinach Pan</b>		£3.25
<b>Lauras Veg Curry 5</b>		£4.35
<b>Loving Foods Corti</b>	Organic	£5.99
<b>Loving Foods Kimch</b>	Organic	£5.99
<b>Loving Foods Kraut</b>	Organic	£5.99
<b>Profusion Sauerkra</b>	Organic	£2.29
<b>Sky Sprouts Alfalf</b>	Organic	£1.39
<b>Sky Sprouts Brocco</b>	Organic	£1.39
<b>Sky Sprouts China</b>	Organic	£1.39
<b>Sky Sprouts Mixed</b>	Organic	£1.39
<b>Sky Sprouts Multip</b>	Organic	£1.99

<b>Sky Sprouts Mung 2</b>	Organic	£1.39
<b>Sky Sprouts Red CI</b>	Organic	£1.39
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<b>Veg &amp; Salad-Frozen</b>		
Biolnside Frozen B	Organic	£1.89
Biolnside Frozen P	Organic	£1.39
Biolnside Frozen S	Organic	£1.75
Naturall Cool Froz	Organic	£2.23
Naturally Cool Fro	Organic	£1.85