

GENERAL GROCERY PRICELIST

Updated 10/09/2019

Please use the list below as a guideline, but we cannot guarantee price or availability.

Department	Branded	
Row Labels	Org?	Average of Price
Baby-B NonVAT		
Ellas Baby Food St	Organic	£0.99
Ellas Green Smooth	Organic	£0.85
Ellas Purple One S	Organic	£0.85
Ellas Red One Smoo	Organic	£0.85
Ellas Stage 2 Baby	Organic	£1.39
Ellas Yellow One S	Organic	£0.85
Holle 3 Grain Porr	Organic	£3.09
Holle Millet Porri	Organic	£3.39
Holle Rice Porridg	Organic	£3.39
Holle Semolina Por	Organic	£3.09
Holle Spelt Porrid	Organic	£3.09
BakingAids-B		
Algamar Agar Agar		£3.99
Doves Quick Dry Ye		£0.99
Doves Xanthan Gum		£2.35
Dr Oetker Almond E		£1.15
Dr Oetker Lemon Ex		£1.15
Madecasse Pure Van		£6.07
Orgran No Egg Repl		£2.39
Raw Choc Co Cacao	Organic	£3.89
Steenberg Lemon Ex	Organic	£4.39
Steenberg Orange E	Organic	£4.39
Steenberg Rose Wat	Organic	£3.29
Suma Veg Suet 250g		£1.69
Bread-B		
Bio Idea Spelt Piz	Organic	£3.59
Bio Idea Wheat Piz	Organic	£2.49
Biona Rice Bread 5	Organic	£3.69
Biona Rye Bread Pu	Organic	£1.75
Biona Rye Bread So	Organic	£1.69
Branded Bread Misc		£0.00
Crosta Mollica Pia	Organic	£1.69
Crosta Mollica Sma		£0.85
Everfresh Mixed Gr	Organic	£2.58
Everfresh Sprouted	Organic	£2.09
Florentin Spelt Pi	Organic	£1.89
Florentin Wholemea	Organic	£1.59
Good Grain Brown L	Organic	£3.29
Good Grain Seeded	Organic	£3.29
Michaels Pitta Who		£0.79
Pauls Baguettes x2	Organic	£1.85
Pauls Gluten Free	Organic	£2.55

Pauls Herb Bread 4	Organic	£1.69
Pauls Herb Bread 8	Organic	£3.29
Pauls Hot Cross Bu	Organic	£2.99
Pauls Light Rye 40	Organic	£2.45
Pauls Light Rye Fr	Organic	£2.89
Pauls Melton Loaf	Organic	£2.59
Pauls Mixed Seed 4	Organic	£1.89
Pauls Mixed Seed 8	Organic	£2.99
Pauls Pain de Camp	Organic	£2.54
Pauls Pain Lancien	Organic	£2.54
Pauls Rolls Seeded	Organic	£1.39
Pauls Rolls x2	Organic	£1.39
Pauls Rolls x4	Organic	£1.95
Pauls Rye Sourdoug	Organic	£3.29
Pauls Salt Free Me	Organic	£2.59
Pauls Sechskorn 40	Organic	£1.65
Pauls Sechskorn 80	Organic	£3.19
Pauls Sourdough Sp	Organic	£3.59
Pauls Sourdough Wh	Organic	£3.09
Pauls Spelt Bread	Organic	£2.79
Pauls Spelt Roll x	Organic	£1.39
Pauls Teacakes x2	Organic	£1.75
Pauls Tortilla Lar	Organic	£2.69
Pauls Tortilla Sma	Organic	£1.95
Pauls Tortilla Spe	Organic	£2.59
Pauls Wholewheat B	Organic	£2.19
Saker Fruit Scones	Organic	£2.89
Saker Hot Cross Bu	Organic	£2.99

Cakes&Puddings-B

Everfresh Date Pec		£2.99
Everfresh Fig & Or	Organic	£2.69
Everfresh Fig Oran	Organic	£2.69
Everfresh Fruit Ca	Organic	£2.69
Everfresh Malt Loa	Organic	£1.35
Everfresh Wheat Fr	Organic	£2.69
Infinity Gluten Fr	Organic	£7.99
Isola Bio Coconut	Organic	£1.59
Kite Plum Pudding		£5.99
Panettone 500g	Organic	£11.99
Saker Christmas Ca		£10.69
Spelt Panettone 50	Organic	£12.99

Cereals-B

Alara Muesli 250g	Organic	£2.59
Athenry Granola Nu		£3.89
Big Oz Buckwheat F	Organic	£2.89
Doves Cornflakes 3	Organic	£1.98
Hodmedod Puffed Qu	Organic	£2.39
Natures Path Mille	Organic	£3.19

Rude Health Puffed		£1.79
Suma GF Muesli 500	Organic	£2.98
Suma GF Porridge O	Organic	£3.69

Dessert&Purees-B

Case Probios Puree	Organic	£11.95
Coteaux Fruit Pure	Organic	£2.37
Essential Apple Pu	Organic	£1.49
Essential Papaya C	Organic	£1.69
Essential Pineappl	Organic	£1.79
Meridian Mincemeat	Organic	£2.99
Oatly Cream 250ml	Organic	£0.75
Probios Puree Appl	Organic	£0.69
Probios Puree Peac	Organic	£0.69
Probios Puree Pear	Organic	£0.69
Provamel Soya Crea	Organic	£0.95
Provamel Vanilla S	Organic	£1.35

DriedFruit-B

Biona Cranberries	Organic	£3.29
Co-op Pine Nuts 10		£3.19
Crazy Jack Figs 25	Organic	£2.78
Crazy Jack Prunes	Organic	£4.29
Samarkand Aronia B	Organic	£1.69
Samarkand Barberri	Organic	£3.99
Samarkand Cherries	Organic	£2.49
Samarkand Mulberri	Organic	£2.82
Samarkand Physalis	Organic	£3.95
Samarkand Pomegran	Organic	£3.95
Tropical Wholefood	Organic	£2.12
		£1.69
Zaytoun Medjoul Da		£3.99

Flakes&Grains-B

Clearspring Brown	Organic	£2.09
Hodmedod Barley FI	Organic	£1.45
Hodmedod Organic U	Organic	£2.75
Hodmedod Smoked Qu		£2.75
Zaytoun Maftoul 25	Organic	£2.99
Zaytoun Smoky Free		£2.99

Flours-B

Cool Chile Masa Ha		£2.85
Cotswold Carob Flo		£1.69
Doves Bread Flour	Organic	£1.59
		£1.69
Doves Einkorn Flou	Organic	£2.69
Doves Kamut Flour	Organic	£2.79
Doves Malthouse FI	Organic	£1.59
Doves Pasta Pizza	Organic	£1.45

Doves Pastry Flour	Organic	£1.14
		£1.70
Doves Rye Flour 1k	Organic	£1.59
Doves Self-Raise F	Organic	£1.19
		£1.70
Doves Spelt Flour	Organic	£2.24
Heygates Canadian		£12.25
Hodmedod Fava Bean		£2.15
Hodmedod Green Pea		£2.15
Hodmedod White Qui		£3.65
Hodmedod Yellow Pe		£1.19
Kitchen Garden Soy	Organic	£1.19
Natco Gram Flour 2		£2.49
Natco Gram Flour 5		£0.98
Shipton Mill 3 Mal	Organic	£1.39
Shipton Mill Chest	Organic	£5.95
Shipton Mill Whole	Organic	£2.98
Watermill Granariu	Organic	£3.25
Watermill Millers	Organic	£3.15
Watermill Rye Flou	Organic	£3.39
Watermill Wholewhe	Organic	£2.69

Herbs&Spices-B

Cool Chile Ancho F		£3.29
Cool Chile Ancho W		£3.15
Cool Chile Chipotl		£3.15
Cool Chile De Arbo		£2.89
Cool Chile Guajill		£3.29
Cool Chile Pasilla		£2.95
El Avion Smoked Pa		£2.29
Kitchen Garden Lem	Organic	£2.08
Licorice Root		£0.15
Nutmeg		£0.16
Saffron 1g		£4.39
Steenberg Mulled W	Organic	£1.85
Thai Taste Galanga		£1.59
Thai Taste Kaffir		£1.59
Thai Taste Lemongr		£1.59
Thai Taste Thai Ba		£1.89
Zaytoun ZaAtar Spi		£2.98

Juice&Water-B

Biona Blueberry Ju	Organic	£4.98
Biona Carrot Juice	Organic	£2.99
Biona Pomegranate	Organic	£3.04
Biona Pure Cranber	Organic	£4.79
Biona Tomato Juice	Organic	£3.19
Biona Vegetable Ju	Organic	£1.79
Carey Apple Juice	Organic	£2.59
ChariTea Iced Blac	Organic	£1.19

ChariTea Iced Mate	Organic	£1.19
ChariTea Iced Rooi	Organic	£1.19
Chegworth Juice Be		£2.99
Chegworth Juice Bl		£2.99
Chegworth Juice Gi		£2.99
Chegworth Juice Pe		£2.99
Chegworth Juice Ra		£2.99
Chegworth Juice Rh		£2.99
Chegworth Juice St		£2.99
Chegworth Juice Wi		£2.99
Co-op Apple Juice		£5.25
Co-op Orange Juice		£5.90
Co-op Pineapple Ju		£0.99
Co-op Tomato Juice		£0.89
Coteaux Apple Cher	Organic	£3.39
Coteaux Apple Mang	Organic	£3.39
Coteaux Apple Quin	Organic	£3.39
Coteaux Red Grape	Organic	£3.39
Coteaux Sparkling	Organic	£3.53
Delizum Carrot Jui	Organic	£0.99
Delizum Orange Jui	Organic	£2.85
Delizum Peach Juic	Organic	£0.89
Delizum Pear Juice	Organic	£0.89
Delizum Red Grape	Organic	£0.99
Delizum Tropical J	Organic	£0.99
Eager Apple Juice		£1.79
Eager Orange Juice		£1.99
Eager Pineapple Ju		£2.15
Eager Pink Grapefr		£2.15
Fritz Fizzy Apple	Organic	£1.49
Fritz Fizzy Grape	Organic	£1.49
Granovita Beetroot	Organic	£3.28
I Frutti del Sole	Organic	£4.98
Nutimento Yellow S	Organic	£2.39
Nutrimento Green S	Organic	£2.39
Nutrimento Orange	Organic	£2.39
Nutrimento Red Smo	Organic	£2.39
Rabenhorst Beetroo	Organic	£3.49
Rocketman Cold Bre	Organic	£1.99
Stute Red Grape Ju		£1.89
Stute White Grape		£1.89
Suma Apple Concent		£4.89
Wenlock Spring Spa		£5.82
Wenlock Spring Sti		£5.82

Milks-B

Bridge Choc Rice D	Organic	£0.89
Case Oatly Oat Mil	Organic	£6.96
Case Provamel Blue	Organic	£16.00
Case Provamel Red	Organic	£14.16

Case Sojade Calciu		£8.19
Case Sojade Hemp M		£13.20
Case Sojade Natura		£6.90
Ecomil Almond Crea	Organic	£1.35
Ecomil Almond Milk	Organic	£2.79
EcoMil Case Almond	Organic	£14.95
EcoMil Case Coconu	Organic	£14.95
EcoMil Case Hemp M	Organic	£14.95
Ecomil Coconut Mil	Organic	£2.79
Ecomil Hemp Milk 1	Organic	£2.79
Granovita Soya Mil	Organic	£15.00
Isola Bio Almond R	Organic	£1.98
Isola Bio Case Alm	Organic	£10.68
Isola Bio Case Coc	Organic	£10.68
Isola Bio Case Haz	Organic	£10.68
Isola Bio Case Oat	Organic	£9.72
Isola Bio Case Ric	Organic	£16.20
Isola Bio Chocolat	Organic	£0.75
Isola Bio Coconut	Organic	£1.37
Isola Bio Hazelnut	Organic	£1.98
Isola Bio Millet M	Organic	£1.98
Isola Bio Oat Milk	Organic	£1.79
Isola Bio Rice Mil	Organic	£1.38
Lima Rice Drink Ha	Organic	£2.39
Oatly Milk Barista		£1.91
Oatly Oat Milk 1 L	Organic	£1.29
Provamel Blue Swee	Organic	£1.49
Provamel Red Soya	Organic	£1.19
Provamel Red Unswe	Organic	£1.17
Rebel Kitchen Bana	Organic	£1.09
Rebel Kitchen Choc	Organic	£1.09
Rebel Kitchen Coff	Organic	£1.65
Rebel Kitchen Matc	Organic	£1.65
Rebel Kitchen Oran	Organic	£1.09
Rice & Rice Almond	Organic	£1.42
Rice Dream Origina	Organic	£1.38
Sojade Milk Calciu		£1.49
Sojade Milk Hemp 1		£2.39
Sojade Milk Soy Na		£1.28
Misc-B		
Branded Misc Open		£0.00
Branded Misc VAT O		£0.00
Misc-Eureka		
Test Product		£5.00
Nuts-B		
Organico Cooked Ch	Organic	£3.89
Raw Choc Co Cacao	Organic	£4.87

Oil&Seasoning-B

9Meals Veg Stock 1	Organic	£2.79
9Meals Veg Stock H	Organic	£2.79
9Meals Veg Stock U	Organic	£2.79
Aleco Olive Oil 1	Organic	£8.98
Amaizin Coconut Mi	Organic	£1.75
Amaizin Creamed Co	Organic	£1.79
Arcadia Olive Oil	Organic	£15.94
Artichoke & Herbs		£2.95
As Pontis Olive Oi	Organic	£11.36
Aspall Apple Cider	Organic	£2.99
Aspall Cider Vineg	Organic	£8.19
Aspall Malt Vinega		£0.75
Aspall Red Wine Vi	Organic	£1.49
Aspall White Wine	Organic	£1.49
Bio Planete Rapese	Organic	£4.29
Bio Planete Sunflo	Organic	£3.49
Biona Balsamic Vin	Organic	£4.29
Biona Case Light C	Organic	£8.64
Biona Coconut Oil	Organic	£3.89
Biona Flax Seed Oi	Organic	£4.49
Biona Gomasio 100g	Organic	£1.79
Biona Harissa Reli	Organic	£2.49
Biona Light Coconu	Organic	£1.59
Biona Mustard 320m	Organic	£1.99
Biona Sun-Dried To	Organic	£3.99
Biona Tomato Ketch	Organic	£1.99
Biona Wasabi Paste		£2.99
Carleys Preserved	Organic	£4.89
Cibus Vegan Parmes		£3.89
Clearspring Avocad	Organic	£6.49
Clearspring Brown	Organic	£3.99
Clearspring Flax O	Organic	£3.99
Clearspring Rice M		£2.89
Clearspring Rice V		£1.98
Clearspring Safflo	Organic	£5.89
Clearspring Soy Sa	Organic	£1.98
Clearspring Sweet	Organic	£3.99
Clearspring Tamari	Organic	£2.79
Clearspring Teriya	Organic	£2.48
Clearspring Ume Pl	Organic	£2.39
Cooks & Co Green C		£1.49
Cooks & Co Peppero		£1.49
Cooks & Co Red Chi		£1.49
Cooks & Co Roasted		£2.49
Co-op Garlic Oil 2		£2.69
Co-op Malt Vinegar		£0.49
Co-op Olives with		£2.65
Co-op Sliced Green		£0.99

Co-op Sunflower Oi		£1.19
Crespo Sliced Blac		£0.79
Crones Cider & Per	Organic	£2.59
Ecoato Olive Oil 7	Organic	£6.99
Emile Noel Avocado	Organic	£6.29
Emile Noel Pumpkin	Organic	£7.98
Emile Noel Walnut	Organic	£9.99
Encona Hot Pepper		£1.35
Essential Wholegra	Organic	£5.99
Essential Case Coc	Organic	£8.59
Essential Coconut	Organic	£4.19
Essential Dijon Mu	Organic	£1.89
Essential Sesame O	Organic	£5.29
Essential Sunflowe	Organic	£10.44
Essential Wholegra	Organic	£1.89
Eurofood Lemon Jui	Organic	£4.49
Geo Bhuna Curry Pa	Organic	£2.39
Geo Korma Curry Pa	Organic	£2.19
Geo Madras Curry P	Organic	£2.39
Geo Tikka Masala C	Organic	£2.19
Good Oil Hemp Seed		£5.89
Grannys Secret Ayv		£2.29
Grannys Secret Hot		£2.29
Granovita Flax Ses	Organic	£7.98
Greek Olive Oil 1		£7.49
Greek Olive Oil 50		£3.99
Harissa Tube 70g		£0.75
Howl Bourbon Hot S		£2.35
Howl Hot Sauce 150		£2.35
I Fruitti del Sole	Organic	£7.19
Kallo Yeast-Free S		£1.29
Kitchen Garden Bas	Organic	£2.08
Kitchen Garden Bla	Organic	£2.08
Kitchen Garden Cur	Organic	£2.08
Kitchen Garden Hot	Organic	£2.08
La Bio Idea Lemon	Organic	£1.79
Lima Gomasio 100g	Organic	£2.09
Love Pickle Hot Ch		£2.98
Lovepickle Mild Ch		£2.98
Lovepickle Super H		£2.98
Luque Olive Oil 1l	Organic	£9.49
Mani Blauel Capers	Organic	£3.19
Mani Blauel Kalama	Organic	£3.19
Mani Blauel Raw Gr	Organic	£3.19
Mani Blauel Raw Ka	Organic	£3.19
Mani Blauel SD Tom		£3.19
Marigold Pomegrana		£3.79
Mas Happy Kitchen	Organic	£1.59
Merdian Toasted Se	Organic	£5.79
Meridian Cranberry		£2.49

Meridian Green Pes		£1.99
Meridian Sunflower	Organic	£2.99
Minara Korma Paste		£1.59
Minara Lime Pickle		£1.69
Minara Madras Past		£1.59
Minara Rogan Josh		£1.59
Minara Tandoori Pa		£1.59
Mugi Miso Paste 34		£2.89
Natco Tamarind 400		£1.99
Natco Tamarind Con		£2.39
Olive Branch Auber		£2.59
Olive Branch Fig B		£2.99
Olive Branch Olive		£7.75
Olive Branch Orang		£2.99
Olive Branch Roast		£2.69
Olive Branch SD To		£2.59
Olive Branch Tapen		£2.99
Olives Et Al Basil		£10.99
Olives Et Al Class		£10.99
Olives Et Al Cumin		£10.99
Olives Et Al Rosem		£10.99
Organico Artichoke	Organic	£3.35
Organico Black Oli	Organic	£2.85
Organico Capers In	Organic	£2.45
Organico Garlic Ol	Organic	£2.85
Organico Olive Oil	Organic	£4.99
Organico Sun-Dried	Organic	£2.85
Plamil Garlic Mayo		£2.09
Plamil Plain Mayon		£2.09
Plamil Tarragon Ma		£2.09
Quintessence Basil		£1.39
RAW Cider Vinegar	Organic	£2.49
Sanchi Tamari 2.5	Organic	£29.99
Seggiano Basil Pes		£5.59
Seggiano Cavolo Ne		£5.59
Seggiano Red Pesto		£5.59
Stringer Organic R	Organic	£4.59
Suma Balsamic Vine	Organic	£4.29
Suma Coconut Oil O	Organic	£4.98
Suma Creamed Cocon	Organic	£1.79
Suma Pesto Rosso 1	Organic	£2.89
Suma Pesto Sicilia	Organic	£2.89
Sunita Black Olive		£2.39
Sunita Creamed Bas		£2.25
Sunita Genovese Pe	Organic	£2.98
Sunita Green Olive		£2.39
Sunita Jumbo Kalam		£3.29
Sunita Kalamon Oli	Organic	£2.69
Sunita Lime Juice	Organic	£1.69
Sunita Olives w/Pi		£1.09

Swazi Kitchen Chil		£2.89
Swazi Kitchen Lime		£2.85
Swazi Kitchen Mang		£2.85
Thai Taste Green G		£5.59
Thai Taste Red Gan		£4.38
Thai Taste Red Pan		£1.79
Thai Taste Yellow		£2.74
Truly Simple Garli		£2.29
Truly Simple Ginge		£2.29
Yakso Sambal Oelek	Organic	£1.89
Yakso Soy Sauce 25	Organic	£2.79
Yakso Tamari 250ml	Organic	£2.99
Yaoh Hemp Seed Oil	Organic	£6.59
Zaytoun Olive Oil		£10.69
Zest Coriander Pes		£2.19
Zest Pesto 165g		£2.29
Zest Pesto 340g		£3.78
Zest Sundried Toma		£2.29

Pasta-B

Amaizin Green Soya	Organic	£2.98
Amaizin Taco Shell	Organic	£2.25
Bio Idea Macaroni	Organic	£1.19
Bio Idea Pasta She	Organic	£1.19
Bio Idea Tagliatel	Organic	£1.19
Bio Idea Vermicell	Organic	£1.19
Blue Dragon Wholew		£1.39
Castagno Buckwheat	Organic	£1.95
Castagno Chickpea	Organic	£1.69
Castagno Corn Fusi	Organic	£1.09
Castagno Corn Penn	Organic	£1.09
Castagno Green Pea	Organic	£1.79
Castagno Rice Past	Organic	£1.69
Castagno Rice Shap	Organic	£1.09
Castagno Spelt Las	Organic	£2.19
Castagno Spelt Pen	Organic	£1.89
Castagno Spelt Spa	Organic	£1.89
Castagno Spelt Spi	Organic	£1.89
Castagno Wheat Las	Organic	£1.39
Iris Bulk Fusilli	Organic	£8.99
Iris Bulk Penne 5k	Organic	£8.99
King Soba 100% Ric	Organic	£1.98
King Soba Buckwhea	Organic	£1.98
King Soba Pad Thai	Organic	£1.99
King Soba Rice Mil	Organic	£1.79
King Soba Thai Ric	Organic	£1.79
King Soba Udon Noo	Organic	£1.69
La Terra Linguine	Organic	£1.69
La Terra Nettle Sp	Organic	£1.98
Orgran Buckwheat P		£1.89

Orgran Rice Corn L		£2.69
Orgran Rice Millet		£1.89
Orgran Veg Rice Pa		£1.89
Pro Fusion Red Len	Organic	£2.95
Rizopia Brown Rice	Organic	£3.39
Suma Fusilli Spira	Organic	£0.99
Suma GF Brown Rice	Organic	£2.29
Suma GF Corn Rice	Organic	£2.15
Suma Penne 500g	Organic	£0.99
Suma Spaghetti 500	Organic	£0.99

PreparedFood-B

Adonis Falafel Mix		£1.39
Algamar Sea Vegeta		£5.89
Algaran Dulse 40g	Organic	£2.49
Algaran Irish Seaw	Organic	£2.55
Algaran Kombu Kelp	Organic	£2.49
Algaran Sea Salad	Organic	£2.49
Algaran Sea Spaghe	Organic	£2.49
Algaran Spirulina	Organic	£2.49
Algaran Wakame 40g	Organic	£2.49
Anna Passata Sauce	Organic	£0.99
Biona Aduki Beans	Organic	£0.99
Biona Chopped Toma	Organic	£1.09
Biona Edamame Bean	Organic	£1.45
Biona Giant Beans	Organic	£1.45
Biona Passata 680g	Organic	£1.29
Biona Pinto Beans	Organic	£0.99
Biona Puy Lentils	Organic	£0.99
Bionova Green Bean	Organic	£1.19
Bionova Sauerkraut	Organic	£1.95
Bionova Sweetcorn	Organic	£1.29
Clearspring Arame		£4.99
Clearspring Nori S		£2.99
Consar Tomato Pure		£0.98
Cooks & Co Articho		£1.79
Cooks Choice Vine		£1.98
Co-op Case Peeled		£8.99
Co-op Peeled Tomat		£0.39
Co-op Tomato Puree		£0.58
DiFatti Gnocchi 25		£1.95
Essential Gherkins	Organic	£2.99
Essential Young Ja	Organic	£2.59
Giaguaro Passata B		£0.59
Govinda Young Jack	Organic	£3.29
Granovita Nut Lunc		£1.99
Hodmedod Carlin Pe	Organic	£0.79
Hodmedod Dried Car	Organic	£1.49
Hodmedod Fava Bean	Organic	£0.79
Hodmedod Haricot B		£0.79

Hodmedod UK Red Le		£3.25
Kingfisher Bamboo		£0.99
Kingfisher Water C		£0.99
Kitchen Garden Soy	Organic	£1.49
La Fiammante Cherr		£0.75
La Fiammante Tomat		£0.59
Locavore Black Bea	Organic	£0.69
Locavore Black Eye	Organic	£0.59
Locavore Borlotti	Organic	£0.59
Locavore Butter Be	Organic	£0.69
Locavore Cannellin	Organic	£0.69
Locavore Case Blac	Organic	£6.48
Locavore Case Butt	Organic	£6.48
Locavore Case Cann	Organic	£6.48
Locavore Case Chic	Organic	£6.24
Locavore Case Chop	Organic	£7.00
Locavore Case Kidn	Organic	£6.24
Locavore Case Mixe	Organic	£6.24
Locavore Case Peel	Organic	£7.00
Locavore Chick Pea	Organic	£0.59
Locavore Chopped T	Organic	£0.65
Locavore Green Len	Organic	£0.59
Locavore Green Pea	Organic	£0.59
Locavore Mixed Bea	Organic	£0.59
Locavore Peeled To	Organic	£0.65
Locavore Red Kidne	Organic	£0.59
Marigold Braised T		£2.29
Marigold Yeast Fla	Organic	£3.99
		£2.99
Minara Jalfrezi Sa		£1.59
Minara Madras Sauc		£1.59
Naija Peanut Sauce		£2.19
Natco Case Chick P		£4.50
Natco Chick Peas 4		£0.39
Natco Curried Chic		£0.98
Natco Poppadoms 20		£0.95
Nutrimento Arrabia	Organic	£1.85
Nutrimento Basil S	Organic	£1.75
Nutrimento Nonna S	Organic	£1.85
Nutrimento Olive C	Organic	£1.79
Nutrimento Soya Bo	Organic	£2.25
Organico Chestnut	Organic	£3.39
Samarkand Porcini	Organic	£1.95
Sara Tomato Puree		£0.98
Seggiano Fennel To		£3.99
Shropshire Sage On		£1.29
Sofra Vine Leaves		£1.49
Soia Bechamel Sauc	Organic	£1.79
Suma Arrabbiata Sa	Organic	£1.49
Suma Baked Beans 4	Organic	£0.89

Suma Barley Bean S	Organic	£1.09
Suma Bolognese Sau	Organic	£1.49
Suma Butter Beans	Organic	£0.75
Suma Cannellini Be	Organic	£0.75
Suma Case Baked Be	Organic	£10.20
Suma Leek Potato S	Organic	£1.09
Suma Mixed Beans 4	Organic	£0.89
Suma Napoletana Pa	Organic	£1.49
Suma Passata Sauce	Organic	£0.99
Suma Red Kidney Be	Organic	£0.75
Suma Sweetcorn 340	Organic	£1.18
Suma Tomato Puree	Organic	£0.98
Suma Tuscan Bean S	Organic	£1.29
Sunita Polenta 500	Organic	£1.39
Tamtad Cabbage Lea		£1.59
Tamtad Stuffed Pep		£1.59
Tropical Wholefood		£2.31
Veggies Hemp Mix 3		£3.29
Veggies Sosage Mix		£3.29
Vine Leaves 280g		£1.79
Whole Earth Baked	Organic	£0.89
Whole Earth Case B	Organic	£10.20
Yakso Rice Paper x	Organic	£2.29

SavouryBisc-B

Amisa Buckwheat Cr	Organic	£2.18
Biona Quinoa Rice	Organic	£1.09
Breadsticks Garlic		£0.89
Break Bio Breadsti	Organic	£1.19
Clearspring Corn C	Organic	£0.99
Clearspring Salted	Organic	£0.99
Co-op Italian Brea		£0.69
Co-op Oatcakes 250		£0.79
Crosta Mollica Bre		£1.59
Crosta Mollica Chi		£1.69
Crosta Mollica Oli		£1.59
Crosta Mollica Ore		£1.69
Dr Karg 3 Seed Cra	Organic	£1.99
Dr Karg Seeded Spe	Organic	£2.39
Finn Multi Crispbr		£1.19
Finn Rye Crispbrea		£1.19
Fiorentini Case Co	Organic	£10.69
Fiorentini Case Ri	Organic	£8.55
Fiorentini Corn Ca	Organic	£0.99
Fiorentini Multigr	Organic	£0.85
Fiorentini Rice Ca	Organic	£0.79
Fiorentini Sesame	Organic	£1.30
Fiorentini Spelt B	Organic	£1.29
Lima Buckwheat Ric	Organic	£0.95
Nairns Fine Oatcak		£0.99

Nairns Oatcakes GF		£1.75
Nairns Organic Oat	Organic	£1.25
Origin Earth GF Cr		£2.49
Pan Ducale Black O		£1.65
Pan Ducale Rosemar		£1.65
Riccardi Freselle		£2.29
Rysp Fennel Chilli		£3.79
Rysp Garlic Rosema		£2.99
Rysp Seaweed Sesam		£2.99
Tarali Fennel Mign		£1.95
Zemanka Pumpkin Se	Organic	£1.39
Zemanka Seeded Spe	Organic	£1.39
Zemanka Sesame Cra	Organic	£1.39
Zemanka Spelt Crac	Organic	£1.39

Seeds-B

Biosnacky Fitness	Organic	£1.05
Biosnacky Gourmet	Organic	£1.05
Biosnacky Red Clov	Organic	£1.45
Biosnacky Sproutin	Organic	£1.45
Biosnacky Wellness	Organic	£1.45
Healthstore Chia S	Organic	£3.99
Hodmedod UK Chia S		£2.49
Linwoods Flaxseed	Organic	£4.99
Seed Co-op Flowers		£1.92
Yaoh Hulled Hemp S	Organic	£3.29

Snacks-B nonVAT

Cool Chile Chipotl		£3.75
Cool Chile Tomatil		£3.75
Eat Real Hummus Ch	Organic	£1.99
		£0.79
Eat Real Lentil Ch		£0.79
Eat Real Organic L	Organic	£1.99
Love Corn BBQ 115g		£1.69
Love Corn Chilli 1		£1.69
Love Corn Sea Salt		£1.69
Roots Veg Crisp 15		£2.09
Roots Veg Crisp 40		£0.69
Trato Salsa Cool 2	Organic	£1.75
Trato Salsa Hot 20	Organic	£1.75
Trato Tortilla Chi	Organic	£1.14

Snacks-B VAT

Brave Peas Sea Sal		£0.99
Brave Roast Peas G		£0.99
Brave Roast Peas P		£0.99
Fiddlers Sea Salt		£1.34
Fiddlers Simply Sp		£1.34
Fiorentini Corn Sn	Organic	£0.79

Fiorentini Rice Sn	Organic	£0.79
Hodmedod Roasted S		£1.65
Munchy Seeds Sesam		£3.99
Sofra Baked Salted		£0.99
Trato Maple Cinnam	Organic	£1.69
Trato Paprika Cris	Organic	£0.75
Trato Popcorn 50g	Organic	£1.09
Trato Potato Crisp	Organic	£1.17

Spreads&Jams-B

Biona Coconut Butt	Organic	£4.29
Biona Pear Apple S	Organic	£3.98
Carleys Chocolate	Organic	£4.99
Carleys Pumpkin Se	Organic	£2.99
Essential Crunchy	Organic	£2.69
Essential Peanut B	Organic	£2.69
Forest Bounty Apri		£3.29
Forest Bounty Wild		£3.39
Granovita Herb Pat	Organic	£2.29
Granovita Mushroom	Organic	£2.29
Granovita Spicy Me	Organic	£2.29
Granovita Tangy To	Organic	£2.29
Meridian Apricot J	Organic	£2.15
Meridian Blackcurr	Organic	£2.15
Meridian Cashew Bu	Organic	£3.49
Meridian Crunchy A		£2.98
Meridian Crunchy H		£3.39
Meridian Crunchy P		£3.89
Meridian Dark Tahi	Organic	£2.69
Meridian Light Tah	Organic	£3.34
Meridian Morello C	Organic	£2.49
Meridian Organic C	Organic	£6.59
Meridian Peanut Bu		£3.89
Meridian Raspberry	Organic	£2.49
Meridian Seville O	Organic	£2.49
Meridian Smooth Al	Organic	£3.39
		£15.89
Meridian Strawberr	Organic	£2.49
Meridian Wild Blue	Organic	£2.49
Meridian Yeast Ext		£3.79
St. Dalfour Black		£1.89
St. Dalfour Blackb		£1.89
St. Dalfour Blackc		£1.89
St. Dalfour Cranbe		£1.89
St. Dalfour Fig Ro		£1.89
St. Dalfour Four F		£1.89
St. Dalfour Golden		£1.89
St. Dalfour Imperi		£1.89
St. Dalfour Kumqua		£1.89
St. Dalfour Mirabe		£1.89

St. Dalfour Orange		£1.89
St. Dalfour Pineap		£1.89
St. Dalfour Raspbe		£1.89
St. Dalfour Strawb		£1.89
St. Dalfour Thick		£1.89
St. Dalfour Wild B		£1.89
Suma Peanut Butter	Organic	£5.29
		£2.99
Sunita Dark Tahini		£11.89
Sunita Light Tahin		£11.89
Tartex Classic Pat	Organic	£2.39
Tartex Herb Garlic	Organic	£2.39
Tartex Herb Pate 2	Organic	£2.39
Tartex Mushroom Pa	Organic	£2.39
Vitamin R Yeast Ex		£5.79

Sweeteners-B

Acadian Maple Syru	Organic	£5.99
Basra Date Syrup 4		£2.29
Biona Brown Rice S	Organic	£2.89
Biona Date Syrup 3	Organic	£2.99
Meridian Barley Ma		£1.98
Meridian Date Syru		£2.49
Meridian Maple Syr	Organic	£5.79
Meridian Molasses	Organic	£1.69
Shady Farm Maple S	Organic	£5.99
Suma Agave Syrup 2	Organic	£2.99
Sweet Freedom Dark		£2.98
Sweet Freedom Mild		£2.98
Yakso Agave Syrup	Organic	£2.99

SwtBisc&Bar-B nonVAT

Billys Biscuits Ap	Organic	£2.19
Billys Biscuits Co	Organic	£1.59
Billys Biscuits Gi	Organic	£2.19
Billys Biscuits Ra	Organic	£2.19
Billys Biscuits Sp	Organic	£2.19
Billys Waffles 315	Organic	£2.99
Biona Sunflower Co	Organic	£2.19
Choc Chicos Choc M		£7.65
Eco Biscuit Almond	Organic	£0.49
Eco Biscuit Coconu	Organic	£0.49
Eco Biscuit Fig 50	Organic	£0.49
Eco Biscuit Fruit	Organic	£0.49
Eco Biscuit Muesli	Organic	£0.49
Eco Biscuit Nut Ch	Organic	£0.49
Sunita Halva 75g	Organic	£1.19
Zemanka Apple Bisc	Organic	£1.59
Zemanka Apple Spel	Organic	£1.39
Zemanka Cocoa Spel	Organic	£1.39

Zemanka Date Lemon	Organic	£1.59
Zemanka Maple Coco	Organic	£1.59
Zemanka Raspberry	Organic	£1.59
Zemanka Spelt Anim	Organic	£1.39

SwtBisc&Bar-B VAT

Eco Biscuit Choc O	Organic	£0.55
Eco Biscuit Chocol	Organic	£0.55
Fruit Hero Apple R		£0.45
Fruit Hero Strawbe		£0.45
Fruit Leather Appl		£0.39
Fruit Leather Full		£23.40
Nakd Bar Bakewell		£0.75
Nakd Bar Blueberry		£0.74
Nakd Bar Cashew Co		£0.75
Nakd Bar Cocoa Ora		£0.72
Nakd Bar Ginger Br		£0.72
Nakd Bar Lemon Dri		£0.75
Nakd Bar Peanut De		£0.75
Nakd Bar Pecan Pie		£0.75
Nakd Cherry Raisin		£0.38
Nakd Nibbles Salte		£0.75
Nipits Liquorice P		£1.55
Ombar Acai Blueber	Organic	£1.79
Ombar Chocolate 72	Organic	£1.79
Ombar Chocolate 90	Organic	£1.79
Ombar Coconut Choc	Organic	£1.79
Panda Licorice Bar		£0.49
Panda Licorice Cut		£1.95
Peppersmith Chewin		£1.28
Peppersmith Mints		£1.28
Raw Choc Co Bar Ko	Organic	£1.99
Raw Choc Co Bar Mi	Organic	£1.99
Raw Choc Co Bar Pi	Organic	£1.99
Raw Choc Co Bar Sa	Organic	£1.99
Raw Choc Co Bar Va	Organic	£1.99
Raw Choc Co Choc A	Organic	£4.69
Raw Choc Co Choco	Organic	£4.09
Raw Choc Co Vanoff	Organic	£4.69
Trek Berry Burst 5		£0.99
Trek Peanut Power		£0.99
Tropcial Wholefood		£0.65
Tropical Wholefood		£0.65
Vivani Dark Chocol	Organic	£2.39

Tea&Coffee-B

Barleycup Coffee 2		£3.69
Biona Bio Malt 100	Organic	£2.85
Brew Tea Loose Ear		£4.75
Brew Tea Loose Eng		£4.75

Brew Tea Loose Fru		£4.75
Brew Tea Loose Lem		£4.75
Brew Tea Loose Mor		£4.75
Cafe Direct Intens		£2.98
Cafe Direct Machu		£3.49
Cafe Direct Origin	Organic	£3.98
Celestial Bengal S		£2.19
Celestial Lemon Zi		£1.89
Celestial Sleepyti		£1.89
Clipper After Dinn	Organic	£1.89
Clipper Assam Tea	Organic	£2.28
Clipper Assam Teab	Organic	£2.28
Clipper Calmer Cha	Organic	£2.00
Clipper Chai Teaba	Organic	£1.69
Clipper Decaf Teab	Organic	£2.95
Clipper Earl Grey	Organic	£2.49
Clipper Espresso C		£3.39
Clipper Flower Pow	Organic	£2.00
Clipper Green Tea	Organic	£2.00
Clipper Green Teab	Organic	£1.57
Clipper Instant Co	Organic	£10.99
Clipper Instant De	Organic	£3.99
Clipper Liquorice	Organic	£1.54
Clipper Nettle Tea	Organic	£1.65
Clipper Organic Te	Organic	£2.49
Co-op Espresso Cof		£2.19
Co-op Italian FT C		£2.29
Co-op Teabags x80		£1.35
Dragonfly Golden B	Organic	£1.99
Dragonfly Herb Gar	Organic	£1.99
Dragonfly Jasmine	Organic	£1.85
Dragonfly Morocco	Organic	£1.85
Dragonfly Night Sk	Organic	£1.99
Dragonfly Rooibos	Organic	£1.85
		£2.35
Dragonfly Swirling	Organic	£1.95
Equal Exchange Coco	Organic	£3.85
Essential Tea Cham	Organic	£1.29
Essential Tea Fenn	Organic	£1.29
Essential Tea Hibi	Organic	£1.29
Essential Tea Pepp	Organic	£1.29
Green Teabags x25	Organic	£1.59
Hambleden Lemon Ve	Organic	£2.28
Hambleden Limeflow	Organic	£2.59
Hampstead Chai Lif	Organic	£2.15
Hampstead Chamomil	Organic	£2.05
Hampstead Darjeeli	Organic	£2.37
Hampstead Earl Gre	Organic	£2.37
Hampstead English	Organic	£2.05
Hampstead Fennel L	Organic	£2.05

Hampstead Green Lo	Organic	£2.69
Hampstead Green Te	Organic	£2.05
Hampstead Lavender	Organic	£2.05
Hampstead Lemon Gi	Organic	£2.05
Hampstead Madagasc	Organic	£2.15
Hampstead Rosehip	Organic	£2.05
Hasslacher Drinkin		£4.39
Heath & Heather Ap	Organic	£2.29
Heath & Heather Bl	Organic	£2.29
Heath & Heather Ch	Organic	£2.29
Heath & Heather Ma	Organic	£2.29
Heath & Heather Pe		£2.65
Heath & Heather Ro	Organic	£2.48
		£2.65
Heath & Heather Su	Organic	£2.58
If You Care Coffee		£2.79
Kitchen Garden Tea	Organic	£1.35
Kraus Yerba Mate T	Organic	£2.59
Levelt Brazilie Co	Organic	£3.35
Levelt Coffee Filt	Organic	£0.89
Levelt Darjeeling	Organic	£3.15
Levelt Decaf Coffe	Organic	£2.95
Levelt Dolce Coffe	Organic	£2.89
Levelt Espresso Be	Organic	£2.89
Levelt Forte Coffe	Organic	£2.39
Nilgiri Tea x80		£2.69
Revolver Colombia	Organic	£3.49
Revolver Cuba Coff		£3.49
Revolver Ethiopia		£3.49
Revolver Honduras	Organic	£3.49
Suma India Araku C	Organic	£4.15
Tick Tock Rooibos	Organic	£1.95
Wake Up 125g		£3.39
Yannoh 125g	Organic	£4.29
Yogi Choco Mint Te	Organic	£2.19
Yogi Choco Teabags	Organic	£2.19
Yogi Classic Tea x	Organic	£2.19
Yogi Detox Tea x17	Organic	£2.19
Yogi Echinacea Tea	Organic	£2.19
Yogi Lemon Ginger	Organic	£2.19
Yogi Licorice Teab	Organic	£2.19
Yogi Womens Teabag	Organic	£2.19
Zapatista Coffee 2	Organic	£3.99