

UNICORN BODYCARE

We aim to stock more ethically sourced, low-packaging and non-mainstream alternatives. Here is some information on products we think are especially great. Please also see packaging and supplier websites for information, this guide is not exhaustive. We are also happy to hear any feedback on the info below at office@unicorn-grocery.coop. Thank you!

Note: New products and other changes are always in the pipeline. Last updated: May 2023.

HAIR

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Friendly	Travel Bar & Shampoo Bar (Various)	Recyclable, minimal	Ethically sourced*, palm-free	Works well, good lather. Can leave a bit of a shine, like a 2-in-1. However, some find it still strips natural hair oils like conventional liquid shampoo.
Faith in Nature	Shampoo & Conditioner	Recyclable, minimal	Organic*	Effective and well-sourced. Buying bulk saves 70% of the plastic compared to standard bottles!
Alter/ Native	Conditioner Bar (Various)	Recyclable, minimal	Ethically sourced*	Works like liquid conditioner. Just rub between hands to loosen, then apply as usual. Also an easy and moisturising option for shaving.
Apple Cider Vinegar	Conditioner	Recyclable	Organic*, palm-free	Just apply and rinse through. Works well for some, often diluted, e.g. 1 part vinegar: 3 parts water.

DEODORANT

All these options are palm-free.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Kutis	Stick (Various)	Recyclable, minimal	Organic*	Effective and softens on contact with skin. Lots of scents including bicarb-free options for sensitive skin.
Salt of the Earth	Paste (Various)	Recyclable	Mineral-based	Soft and easy to apply, just scoop a little out and spread it on. Unscented option.
Salt of the Earth	Rock	Recyclable	Mineral-based, long-lasting	The original eco deodorant. Some people love this no fuss option. Gently effective and lasts for ages.
Salt of the Earth	Spray (Various)	Refillable	Mineral-based	Many rate this. If the nozzle clogs, slightly enlarging its hole with a paperclip might help.
Heavenly Organics	Powder (Various)	Recyclable	Organic*, palm-free	Works well for some. Just take a pinch. Works best if you dab it on with a small cotton pad or cloth.

* = Applies to some, not necessarily all, ingredients.

MOUTH

All these options are palm-free.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Truthpaste	Toothpaste (Various)	Recyclable / Returnable	Organic*	Good taste, easy to use, gentle and effective. Returns are via their website once you have 3 jars. (Note it does not actually make you tell the truth.)
Georganics	Toothpaste (Various)	Recyclable	Ethical sourcing*	Scoop pea-sized amount onto toothbrush. Leave on teeth after brushing if possible.
Ben & Anna	Toothpaste Tabs	Recyclable	Contains Fluoride	Just chew and brush with a wet toothpaste. Effective and great for travel.
Food Alive	Tooth Powder	Recyclable, minimal	Organic*	Designed for gentle cleansing, remineralisation, whitening and to enable saliva's natural ability to nourish teeth. Fresh taste.
Georganics	Tooth Powder	Recyclable	Ethical sourcing*	Decant a bit to avoid water in the jar, and dip a clean toothbrush into the powder. Brush and rinse well. Gentle cleansing and brightening.
Georganics	Mouthwash Tablets	Recyclable, minimal	Ethical sourcing*	Just add water. Gentle and effective, nice taste.

SHAVING

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Friendly	Shaving Bar	Recyclable, minimal	Ethical sourcing*, palm-free	Works well and goes on forever. Use a bowl and brush for a proper lather. Slightly moisturising as castor-oil based.
Handmade	Shaving Bar	None	Ethical sourcing*	Works well, makes some lather especially if you use a brush.
Alter/ Native	Conditioner Bar	Recyclable, minimal	Organic*, palm-free	Works well and quite moisturising – like other conditioners but with less packaging!
(Various)	Coconut Oil	Recyclable, minimal	Organic*, palm-free	Very moisturising, affordable and effective. The solidity makes it easier to apply than liquid oil. Find in the Oils section.
Kitchen Garden	Oil	Recyclable, minimal	Organic*, palm-free	Moisturising, low packaging option. Works as well as foam many people - just without lather.

* = Applies to some, not necessarily all, ingredients.

FACE MOISTURISING

All these options are palm-free.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Little Green Cream	Cream	Returnable (50p)	Organic*	Popular moisturiser for day and night, good for normal or dry skin. Handmade, small batches.
Yaoh	Cream (Various)	Recyclable	Organic*	Lovely rich creams for hands or face, absorbs well. Simple and affordable. Different varieties to suit different preference and skin types.
HerbFarmacy	Cream (Various)	Recyclable	Organic*	A steady favourite. 'Replenishing' moisturises without feeling heavy, for night or day. 'Calming' is lighter, soothing, good for sensitive skin.
Lyonsleaf	Cream - Calendula	Recyclable	Organic*	Potent and hydrating emollient for skin that needs special care. Use sparingly.
Heavenly Organics	Eye & Face Cream	Recyclable	Organic*, long-lasting	Oil-based with no water, a little goes a long way. Use more like a face oil.
Lyonsleaf	Face Oil	Recyclable	Organic*	Light, moisturising, easily absorbed. Use a small amount in place of face cream.
Little Green Cream	Face Oil	Returnable (50p)	Organic*	A small amount may be used in place of face cream. Available £1 cheaper without pipette, so save your pipette when you return the jar.

FACE WASH

All these options are palm-free.

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Lyonsleaf	Beauty Balm	Recyclable	Organic*, long-lasting	Very popular with staff, gentle and richly moisturising. Works very well as cleanser or make-up remover with a small cloth or muslin, or use a tiny bit as moisturiser. Oil-based with no water.
Friendly	Soap Bar (Various)	Recyclable, low	Ethical sourcing*, long-lasting	Well reviewed for sensitive skin on face, hands and body. Choose from Detox, Cocoa and Shea Butter.

* = Applies to some, not necessarily all, ingredients.

BODY MOISTURISER

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Heavenly Organics	Cream (Various)	Recyclable	Organic*, palm-free	Absorbs quickly. Oil-based with no water so a little goes a long way.
Lavera	Cream	Recyclable	Organic*	Lovely, moisturising all-purpose cream, suitable for body, hands and face.
Yaoh	Body Butter (Various)	Recyclable	Organic*	Silky, rich cream, absorbs well. Good value, great ingredients. Available with light coconut scent or unscented.
(Various)	Coconut Oil	Recyclable	Organic*, palm-free	A simple, economical alternative to body cream, suitable for many skin types.

BODY WASH

Brand	Details	Packaging	Ingredients	How to Use / Other notes
Aleppo	Olive Soap	None	Organic*, palm-free	Traditionally-made, with added laurel (bay) oil to soothe sensitive skin. Good for everything – bodies, hair, shaving, clothes. Moisturising and gentle. Try it if you haven't!
Sindyanna	Olive Soap (Various)	Minimal	Ethical sourcing*, palm-free	Lovely, gentle, moisturising olive-based soaps produced using traditional techniques in the West Bank. Woman-led company.
Oliva	Olive Soap	Recyclable, minimal	Palm-free	Unscented and gentle.
Friendly	Bath Bar (Various)	Recyclable, minimal	Ethical sourcing*, palm-free	Popular body soaps with different smells and properties. Exfoliating options.
Sonnet	Curd Soap	Recyclable, minimal	Organic*	A gentle body soap, well-reviewed for sensitive skin/areas. Also for household use.
Handmade	Singles & Misshapes (Various)	None / minimal	Ethical sourcing*	Palm-free option: Unscented singles. Effective and popular. Some exfoliating options. Some people with sensitive skin do not get on well with some of these soaps.
Faith	Soap (Various)	None	Ethical sourcing*	Effective and popular.

* = Applies to some, not necessarily all, ingredients.